

# Hosting A Day Retreat Old Rectory House

Thank you for your interest in hosting a day retreat at Old Rectory House. We have strived to create a calm and tranquil environment which is perfect for your guests to unwind. Our luxury spa facilities, retreat cottage and beautiful wellbeing studio and attention to detail will leave your clients feeling recharged and invigorated.



## Facilities

Stunning walled pool area with heated pool, adjacent cedar hot tub and pool house.

Woodland sanctuary with sauna, wood fired hot tub, ice bath, outdoor shower, cold water drench, fire pit, outdoor kitchen and banquet area.

Wellbeing studio perfect for a host of wellness activities including yoga, pilates, meditation and crafting.

Retreat cottage with kitchen and lounge.

Beautiful treatment room.



## Pricing

Our standard day retreat packages are 7 hours. Our prices are :  
Monday - Thursday £600/day and Friday - Sunday £750/day.



## Extras

If you are catering yourself, you have use of our retreat cottage kitchen. We can also offer a range of catering options as extras. Please contact us for details.

As you are hosting a retreat you probably have some or all of these skills yourself, but if you are looking to add extra wellness activities we have an amazing team or practitioners offering : spa treatments, yoga, thermalism hot & cold therapy, meditation, sound therapy, cacao ceremonies, crafting workshops and much more.

We require a 10% non-refundable deposit to secure your dates with the balance payable a month before your retreat.

If you have any questions please don't hesitate to get in touch!



## Jamie & Lisa