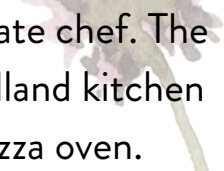
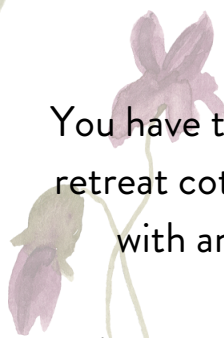




Retreats at Old Rectory House

Catering for your Retreat



You have the option to self-cater for your retreats or bring your own private chef. The retreat cottage has a full kitchen for your use as well as our outdoor woodland kitchen with an Argentinian style wood fired grill, Big Green Egg BBQ and pizza oven.




We can offer a range of catering options. Our full catering service includes a small breakfast in your accommodation, brunch, afternoon cake and dinner. This is priced at £45/person per day. All our food is homecooked with a big focus on seasonality, flavour and nutrition with nothing processed in sight.

Our menus are all vegetarian as this caters for as wide a range of people as possible.



Sample Menus

Light breakfast in your accommodation :





Most of our retreats include morning yoga and the feedback we have is people don't want a big meal before yoga. So there will be a selection of yoghurt, granola, toast and fruit in everyone's accommodation for them to help themselves.



Brunch :

We will serve a buffet style Brunch in the Old Rectory House dining room. There will be a variety of hot and cold dishes. Examples of what we will serve are (all the egg dishes use our own free range eggs) :



Sourdough
Chunky avocado guacamole
Frittata
Quiche
Shakshuka (Middle Eastern Baked Eggs)
Roasted Vegetable
Cruité
Potato Hash
Yoghurt
Cheese
Fruits
Hummus
Cous Cous Salad
Coleslaw
Kimchi
Stuffed Mushrooms



Afternoon Cake :

We will freshly bake a cake each day as an afternoon treat. For example :

Lemmon Drizzle Cake
Banana Cake
Apple Streusel Cake
Carrot Cake



Dinner :

Each evening we will serve dinner either in our woodland banquet hall or the Old Rectory House dining room. Here are some example menus :

Old Rectory House Curry Night :

Squash, chickpea & coconut vegan curry

Lentil dhal

Bombay potatoes

Basmati rice & naan bread



Chargrilled vegetable lasagne with tomato and onion salad with dressed leaves

Middle Eastern Sharing Table :

Homemade Falafels

Baba Ganoush

Tabbouleh

Hummus & flatbreads



Vegetable Moussaka and Greek Salad and flatbread

Pizza Party :

Homemade pizzas free flowing from our pizza oven in the Woodland Sanctuary

